

Hi Im Marion

As a child I was slim and small in stature and in my teens I was quite active, in gym and life saving at weekends.

My weight gain started after having my two sons by Caesarian Sec.

Also with a failed marriage, I found myself eating to comfort myself because of the hurt.

Not that I ate the wrong sort of food but just ate to much.

Then I tried many diets that didn't work and as the years went by I just couldn't get rid of the weight, and my health started to suffer.

First my back went and I had a disc removed which led me to using a walking stick as my weight was putting more pressure on my spine also I found out that I had type 2 diabetes also my asthma got worse as my weight got higher and could not walk very far without sweating a lot.

So I went to my local Doctors Clinic and saw Doc Iris Ling, and she referred me to Dr D Nicholson my weight at this time was 110kg and with a discussion with Dr Nicholson I decided to have Gastric Stappling done and that was the best "decision" I ever made.

In the first year after the op I went down to 62kg then in the second year Im down 53½kg and have stayed on this weight HA! unless I've been out but I find it very easy to lose a little to get back 53½kg.

Sincerely M. Ferguson